

2015 Nursing Annual Report



extraordinary

*“When you’re a nurse you know
that every day you will touch a life
or a life will touch yours.”*

—Author Unknown



As Senior Vice President and Chief Nurse Executive for Inova, I am proud to share with you another year of great achievements from our nurses

at Inova. Your expertise, dedication and compassion do not go unnoticed, and is recognized locally, regionally, and nationally. I am very proud to share some of these extraordinary highlights in this year’s annual report.

Caring is what drives every nurse at Inova as the privilege to serve goes beyond the walls of our hospitals and clinics. Nurses in all roles from bedside caregiver, specialty nurse, advance practice, or nurse leader play a critical role in achieving outcomes.

Evidence-based practice is a systematic approach to problem solving using the best available research evidence, clinical expertise and patient preferences. This past year we had 10 evidence-based projects across the health system driven by nurses who partnered with patients, families and other health team members to improve clinical outcomes. Many of these projects were highlighted at our annual Nurse Research Symposium.

This past year our success has in large part been driven by using our data to provide insight into how to improve our processes. This is evidenced by the number of nurses who have participated in the development of A3s on their units. We are fortunate to work in an organization that supports excellence in nursing, and provides us the support to march forward.

Thank you for your care and compassion and your role in providing clinical excellence, quality, and safety to our patients and their families.

A handwritten signature in black ink that reads "Maureen Swick". The signature is fluid and cursive.

Maureen Swick, PhD, MSN, RN, NEA-BC
Senior Vice President
Chief Nurse Executive
Inova



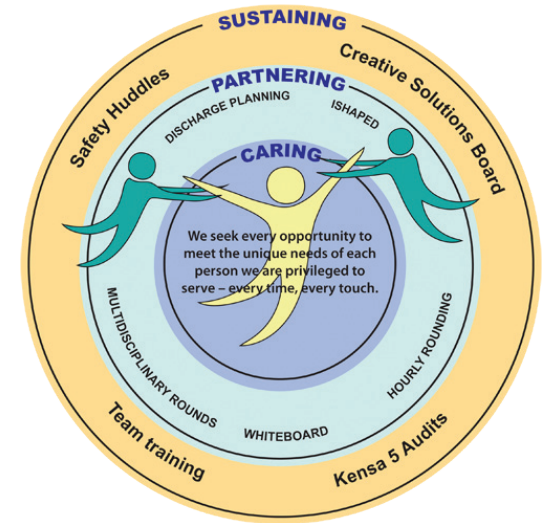
Inova's Patient Experience Model

Nursing at Inova is centered on an inpatient care-delivery model that calls for nurses, along with physicians and clinical technicians, to function as a team and engage in specific practices that promote and sustain partnerships with patients and their families. In 2015, Inova began the transition from an inpatient care-delivery model to a patient experience care-delivery model. The new model will reflect Inova's strategic goals and include the outpatient experience as well as inpatient care

Check out this simple graphic representation of the care-delivery model.

- The core caring circle is centered on the PATIENT and represents our intentional shift toward patient centered care.
- The middle circle depicts the hand clasps of caregiver and patient and identifies specific activities that require us to actively engage and PARTNER with the patient and their family.
- The outer circle identifies those organizational activities we perform to support and SUSTAIN those partnerships with patients.

Inova Care Delivery Model



Inova nurses have a passion for caring that cannot be contained by hospital or clinic walls.

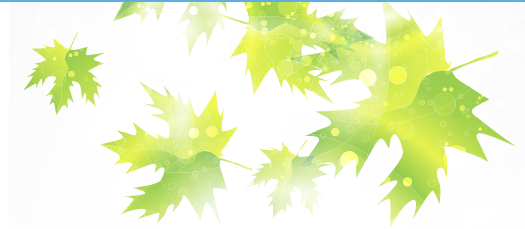
every touch

Caring

Inova's promise is to seek every opportunity to meet the unique needs of each person we are privileged to serve – every time, every touch. This promise defines the core of our patient experience model: Caring.

Serving Our Patients and Our Community

Inova nurses have a passion for caring that extends outside our hospital or clinic walls. Our nurses are involved with local causes such as raising money for uninsured women in the City of Alexandria to receive mammograms. Zee Bryant and Jeannine Summons participated in back-to-school physicals for the Mount Vernon community, and Rebecca Tomas and Mary Rose Hull provided community blood pressure screenings and stroke education. Biruk Tessema volunteers monthly at the Arlington Free Clinic. Susan Breisch has been a volunteer for the Greater Springfield Fire Department for more than 30 years.



Some causes hit close to home for Inova nurses, for example, the creation of a healing garden at Inova Fair Oaks Hospital dedicated to July Fan, RN. Nurses also coordinate popular patient “reunion” events such as the Neonatal Intensive Care Reunion, which gives patients and families the opportunity to return to the hospital to visit their nurses.

The American Heart Association's Annual Heart Walk was a major event for Inova nurses in 2015. Nurses like Amy Brown, Kimberly Krakowski, Patricia Mook and Julie Menefee served as co-captains for more than nine teams, showcasing their creativity with team names like “Heart-a-Tech” and “Stents and Sensibility.” Together, these teams raised more than \$38,000 dollars for the American Heart Association.

March for Babies was another popular event for nurses in May of 2015. Inova Loudoun Hospital raised \$16,000 and more than \$26,000 in partnership with our family and former patient teams. Nurses also participated in

the Leukemia and Lymphoma society's annual Light the Night Walk. Jennifer Drake served in the first-aid tent for the Annual Race for Hope supporting the National Brain Tumor Society and Accelerate Brain Cancer Cure.



compassion

Several Inova nurses were able to participate in medical mission trips in 2015. “I spent a week in an extremely impoverished village outside of Port Au Prince, Haiti. The first day we walked around the village and spent time with the villagers to promote our clinic. The following two days we hosted a clinic at a church with no water or electricity. We were able to treat and give medication to more than 100 people during this time! Truly one of the most amazing and humbling experiences of my life,” shared Melissa Hewitt. Kofi Koduah participated in a mission in Belize; Berhane Zalalem served in Ethiopia; and Nilda Wiman provided health screenings in Ayacucho Pauza, Peru. These nurses provided vital health care services to underserved populations.

“I spent a week in an extremely impoverished village outside of Port Au Prince, Haiti. We were able to treat and give medication to more than 100 people...one of the most amazing experiences of my life.”

Melissa Hewitt, RN

Erica Vaughan served a mission trip in Peña Blanca, a remote village in Honduras. The annual trip brings health clinics where children and their families can receive vitamins, medications, dental and vision care, as well as screening for conditions that might require follow up care or referrals.



Growing to Meet Unique Needs

Nurses at Inova now have expanded opportunities for caring due to the acquisition, development and expansion of Inova facilities and programs in 2015. These programs and buildings are designed with the patient in mind, creating a comfortable healing environment while leveraging state-of-the-art technology.

Inova acquired the 117-acre ExxonMobil campus as the site for our Inova Center for Personalized Health. In May, Inova acknowledged a \$50 million gift from developer and philanthropist Dwight Schar, launching the Inova Dwight and Martha Schar Cancer Institute (ISCI). The Inova Translational Medicine Institute (ITMI) and the ISCI will anchor the new site, providing a platform for the development and application of

advances in personalized medicine through genomics. Inova embraces predictive and personalized medicine as significant components to the future of health. The new campus will provide space and resources to achieve Inova’s goal of creating a unique, internationally prominent center for genomic research, personalized healthcare and associated life science commercial development.

Inova Fairfax Medical Campus opened the Inova Melanoma and Skin Cancer Center in February, the region’s only multispecialty skin cancer program. The program provides screening, detection and treatment of melanoma in its early and advanced stages. The team also plans to establish a high-risk cancer screening clinic for organ transplant recipients. Among the programming at the center is a weekly skin cancer screening clinic called Mole Monday.

In 2015, the Cancer Center at Inova Fair Oaks Medical Campus opened a new satellite Life with Cancer® program on the lower level, next to Radiation Oncology. Life with Cancer provides education and support to people with cancer and their families,

at no cost. “Our hope is we will grow exponentially and be able to provide more services to the Fair Oaks community with this new designated space,” says Sage Bolte, PhD, Director, Life with Cancer. “Having our own space means we can create and maintain consistent programming and support for the community.” The new 2,900-square-foot location offers space for counseling and nurse navigator support, support groups, and exercise and education classes. Bolte hopes to grow the program to provide more programs that focus on survivorship and wellness.

The Inova Loudoun Hospital Wound Healing Center has relocated and expanded to the hospital’s main campus. The new space is double in size and occupies 3,000 square-feet of space consisting of six private treatment bays and a conference room.

The Center provides state-of-the-art advanced wound care for people of all ages. The team of physicians, including the only board-certified wound specialist physician in Loudoun County, and nurses provide care that is customized for people with chronic non-healing wounds. The Inova Wound Healing Center – Loudoun has been treating patients for more than eight years and is one-of-a-kind in Loudoun County.



Inova HealthPlex – Ashburn

The new Inova HealthPlex – Ashburn opened in October with a 24-hour emergency room (ER) with board-certified emergency medicine physicians and emergency nurses trained in Advanced Cardiac Life Support (ACLS). Free patient ambulance transport is provided to Inova Loudoun Hospital when needed for emergency hospital admission. The staff and facility are prepared to address all emergencies from minor care to life-threatening conditions. The ER has 17 private rooms including a two bay trauma room, a room designed for mental health patients, one gynecology room and an isolation room.

“Our hope is we will grow exponentially and be able to provide more services to the Fair Oaks community with this new designated space.”

Sage Bolte, PhD, Director, Life with Cancer®

Preparing to Provide Care

Inova nurses prepare and train for unique situations and events that may cause disruption to our organization. Unexpected situations range from Ebola readiness to active shooter containment to weather-related preparation. In 2015, our emergency management team enriched our communications by implementing a text alert system. When an event happens, a text will go to registered employees’ mobile phones, with information and, if needed, the action they should take.

Greg Brison and Maureen Swick present a plaque to the Fairfax County Police in recognition of their partnership with Inova.



Inova Center for Personalized Health



Elizabeth Senese, Kara Meglasson and Heribert Bacareza shared their evidence-based practice project.

Partnering

By partnering with the patient and family, Inova nurses are able to involve patients and their family members in the healing process. This goes beyond basic care and sometimes results in exciting innovations. While these innovations earn awards and recognition for our nurses from outside organizations, the true value is in the experience it offers for the patients and families.

Nursing Research and Evidence-Based Practice

Nurses at Inova have the opportunity to participate in a flourishing nursing research and evidence-based practice program that focuses on translating research into practice. With six location-based councils that meet on a monthly basis, there is always a new way for nurses to make an impact on patient care. A system-level council offers oversight and support to each hospital, offering the opportunity to share innovations and create synergy across the system.

The Evidence-Based Practice Fellows Program

Nurses involved in direct patient care can have a significant impact on the care-delivery process. A clear understanding of evidence-based practice (EBP) impacts a direct care provider's work and patient relationships.

What is evidence-based practice? Evidence-based practice is a systematic approach to problem solving using the best available research evidence, clinical expertise and patient preferences.

Following the successful pilot study implementing the Johns Hopkins Nursing Evidence-Based Practice Model at Inova in 2014, the Professional Practice team launched the Inova Evidence-Based Practice Fellows Program in 2015. The program offered the opportunity for 10 nurse-led, inter-professional teams to implement projects translating EBP into patient interventions. Grant funding allowed clinical nurses to be compensated for their time spent working as EBP Fellows.

A critical and unique component of the EBP Fellows program was the involvement of a former patient and/or a family member on each project team. This empowered each team to thoughtfully address the needs of patients and families as they worked together to implement their patient interventions.

The Council is chaired by Mary Ann Friesen, PhD, RN, CPHQ. The 2015 Council chairs for each location were:

- **Christine Althoff, MSN, RN, AOCNS**
Inova Fairfax Medical Campus
- **Suzy Fehr, PhD, RNC**
Inova Alexandria Hospital
- **Laura Shanks, MSN, MHA, RN-BC, ACNS-BC, NE-BC**
Inova Mount Vernon Hospital
- **Debra Stanger, MSN, RN, NE-BC**
Inova Loudoun Hospital
- **Frances Collins, MSN, RN**
Inova Fair Oaks Hospital
- **Patricia Mook, MSN, RN, NE-BC, CAHIMS**
Nursing Informatics

Evidence-based practice is a systematic approach to problem solving using the best available research evidence, clinical expertise and patient preferences.

2015 EBP Fellowship Projects

Implementing an Evidence-Based Practice Approach to Improve Perception of Nurse-Patient Communication at the Bedside

Team lead: Lyn Zehner, MN, RN, AOCN, AOCNS

Inova Alexandria Hospital

The team collaborated to develop strategies for improving communication and incorporated suggestions from the patient advisors. The interventions consisted of sitting at the bedside, utilizing body language, and increasing attention to eye contact when using equipment or the white board. Implementation of the new strategy contributed to improvement in patient satisfaction.

Moving on Up: Incorporating a Progressive Mobility Protocol from the ICU to the Medical/Surgical Unit

Team lead: Robin Jackson MSN, RN-BC, CCRN, CCNS

Inova Alexandria Hospital

The EBP team focused on implementing progressive mobility using a multidisciplinary team. The team recommends a multidisciplinary approach as each area of expertise identifies different successes and barriers to patient mobilization to provide the best outcomes for the patient.

Team Steps to Early Mobility and Clarity

Team lead: Evelyn Irani, RN, MSN, CCRN

Inova Fair Oaks Hospital

With the persistent and focused attention of a multi-disciplinary team, the percentage of patients who received the appropriate level of assisted mobility increased significantly over a 6 month period.

Bust a Move: Progressive Mobility in the ICU

Team lead: Amanda Golino, MSN, RN-BC, CCRN, CCNS

Inova Loudoun Hospital

Initially, the staff approached progressive mobility with hesitation, but over the course of the project mobility became widely accepted. In some cases, nurses who were initially skeptical became our biggest champions of mobility as a standard on the unit. We attribute this culture change to the “seeing is believing” concept. For our team, the change in culture and embrace of Progressive Mobility is our greatest achievement.

An Evidence-Based Practice Team Approach to Health An Evidence-Based Practice Team Approach to Health Failure Patient Education

Team lead: Sharri Robinson, BSN, RN-BC

Inova Fairfax Medical Campus

This project expanded the scope of the Ask 3 Teach 3 EBP pilot in 2014. The Cardiac Telemetry Unit - North made great improvements in their HCAHPS scores, and this project will allow those improvements to be sustained in a consistent manner with every patient, every day. Through this project, gains extend next to improvement in a reduction in readmissions for the heart failure patient population.

The true value of any innovation lies in the experience offered to the patients and families.

2015 EBP Fellowship Projects

Containing Catheter-Associated Urinary Tract Infections through Evidence-Based Practice

Team lead: Kara Meglasson, BSN, RN, CEN, CCRN

Inova Fairfax Medical Campus

Audits were conducted by trained staff each shift to visually assess adherence to current institutional practices; stabilization device use and prevention of dependent tubing loops to reduce urine backflow. Auditors additionally conducted chart reviews to assess compliance with 2% chlorhexidine bathing and perineal/catheter care. A strategy employing multiple components to address CAUTI reduction is essential. A comprehensive rigorous ongoing campaign focused on reinforcing established chlorhexidine bathing and perineal/catheter care is necessary to prevent CAUTIs.

Improving Patient Transitions from Acute Care Hospitals to Inova Mount Vernon Hospital Inpatient Rehabilitation Facility

Team lead: Jennifer Kyte, DNP, RN, ACNS-BC

Inova Mount Vernon Hospital

While no statistical significance was reported related to project goals, an unanticipated finding of improvement in nurses' ability to receive handoff occurred. The revised rehab handoff tool, if used consistently, will promote an improved handoff process for clinicians receiving report. Implementation of the rehab handoff tool will promote a more standardized, clear, and thorough, handoff process.

Implementing an Evidence-Based Practice Approach to Improve Patient Pain Management in the Medical and Obstetrical Patient Population

Team lead: Laura McNicholl, MS, RN-BC, CNS-BC

Inova Fair Oaks Hospital

A personalized pain plan was developed and staff education was provided to all Medical/ Obstetrical

Nursing staff regarding the utilization of the tool and incorporating aspects of compassionate care into their practice. The implementation of the personalized pain plan allows for patient and nurse engagement and ongoing dialogue regarding pain management sets expectations and provides standardization of care.

Implementing an Evidence- Based Practice Sleep Protocol to Improve Quality of Sleep in Post-Operative Cardiac Surgery Patients

Team lead: Katie Hummer, BSN, RN, CCRN-CSC

Inova Fairfax Medical Campus

The interventions identified in the literature focused on: clustering nighttime nursing care, decreasing the number of discussions and lowering voices outside patient rooms, encouraging activity during the day with a daily afternoon rest period, and utilizing patient bedtime preferences. Staff nurses received education on how to implement the protocol and then were asked to involve

patients who fit the inclusion criteria. A worksheet was created to remind nurses of what interventions were to be done and to record interventions used.

Effectiveness of Video Discharge Instructions in the Pediatric Emergency Department: A Nurse-led Evidence-Based Practice Project

Team lead: Gina Harrison, MSN, RN

Inova Loudoun Hospital

A multi-disciplinary team reviewed the available evidence and created Video Discharge Instructions (VDI) for the three most common pediatric diagnoses. At the conclusion of their visit, participating caregivers received either verbal and written discharge instructions, or the VDI with verbal and written instructions. Outcomes from this project support that adding VDI to standard discharge instructions is an effective way to provide enhanced discharge instructions that will improve a caregiver's knowledge about their child's diagnosis, treatment, illness duration and when to seek further medical care.



excellence

Nursing Research Symposium: From Simulation to Outcomes

The Annual Nursing Research Symposium provides a venue for Inova nurses to share their work in research, evidence-based practice and quality improvement. The one-day event is open to the community and welcomes guest presenters from other organizations, including Reston Hospital Center and Sentara Healthcare.

The 2015 symposium featured a nationally known expert in simulation, KT Waxman DNP, MBA, RN, CNL, CENP, FAAN. Dr Waxman is on the faculty at the University of San Francisco (USF), and she serves as the Director of the Executive Leader Doctor of Nursing Practice and the Master Degree in Health Care Simulation programs and Director of the California Simulation Alliance (CSA) at the California Institute for Nursing & Health Care.

The EBP Fellows Program teams were the highlight of the event, presenting their preliminary findings through podium and poster presentations.

Healing Touch

Inova continues to develop a program around the use of the holistic modality, Healing Touch. Since the program was established in 2012, more than 250 registered nurses across Inova have attended the first level of Healing Touch training.

The Healing Touch program is guided by a steering committee of Inova nurses, with guidance and support from Dr. Joel G. Anderson of the University of Virginia and Lucrezia Mangione of Handcrafted Health.

There are currently a number of research studies on Healing Touch in progress at Inova. In 2015, the American Nurses Foundation awarded a grant to the multisite study, “The Effects of Healing Touch on the Vital Signs of Critical Care Patients” led by principal investigator, Theresa Davis. The study was intended to assess the feasibility of delivering Healing Touch in a critical care setting and determine the effects of Healing Touch on vital signs, pain scores and levels of agitation/sedation.

Award-Winning Nurses

Nurse.com GEM Awards

Five Inova nurses were honored as regional finalists for the 2015 Nurse.com Giving Excellence Meaning (GEM) Awards. These annual awards honor superior nurses across the country. Nurses are nominated by their peers and selected by a panel of nurse leaders.

Two Inova nurses were selected as regional winners:

Kimberly Krakowski, *Patient and Staff Management*
Daniel Ampomah, *Volunteerism and Service*

Inova had three other finalists honored in 2015:

Theresa Davis, *Advancing and Leading the Profession*
Stephanie Boese, *Clinical Nursing Inpatient*
Kristina Presgrave, *Patient and Staff Management*

DAISY Awards

The DAISY Award recognizes nurses with excellent clinical skills and critical thinking who also demonstrate compassion, professionalism, excellent interpersonal skills, a positive “can do” attitude and an ability to problem solve unusual and/or complex patient or family needs.

The 2015 DAISY Award winners were:

Yemi Addisu	Gesila Mogol
Katie Becraft	Outpatient Infusion Team
Ann Chopivsky	Nazarina Phommachanh
Edward Crowley	Sarah Robinson
Sheryl Deguzman	Erin Rovelli
Lindsey Dunham	Rebecca Serra
Cathy Edwards	Emily Sharp
LouEllen Fulk	Lauren Smith
David Greer	Sarah Stinson
Kiri Kelly	Janis Tandy
Margaret Lynch	Susan Twyman



Inova Fairfax Medical Campus Nursing Excellence Winners

Sigma Theta Tau International Epsilon Zeta Chapter Award

Vicki Lindgren was recognized by the Epsilon Zeta Chapter for demonstrating that she has made a significant impact in the delivery of health care and a long-term commitment to service either in the local or regional community, nationally or globally.



In 2015 Inova nurses had the opportunity to attend a Healing Touch panel discussion during the Annual Edelman Celebration. The panel highlighted Healing Touch at Inova and offered insight into the expansion of the program.

Inova continues to develop a program around the use of the holistic modality, Healing Touch.



Inova Alexandria Hospital Nursing Excellence Winners

The DAISY Award recognizes nurses with excellent clinical and critical thinking skills.



Inova Nursing Excellence Awards

Our annual Nursing Excellence Awards honor Inova nurses who are nominated by their peers in 6 categories. These nurses have gone above and beyond in their efforts to provide excellent patient care.

2015 Winners

Inova Alexandria Hospital

Tracey Hartman, *Advancing and Leading the Profession*
Mary Brandenburg, *Clinical Nursing*
Rachel Cathey, *Education and Mentorship*
Sara Rose, *Patient and Staff Management*
Joanna Sampson, *Volunteerism and Service*
Brittany Cook, *Rising Star Award*

Inova Fairfax Medical Campus

Matthew Starr, *Advancing and Leading the Profession*
Laila Bailey, *Clinical Nursing*
Polly McConnell, *Education and Mentorship*
Corinne MacDonald, *Patient and Staff Management*
Jamie Langdon, *Volunteerism and Service*
Becky Petros, *Rising Star Award*

Inova Fair Oaks Hospital

Debra Nelson, *Advancing and Leading the Profession*
Lynne Quigley, *Clinical Nursing*
Janice LeBeau, *Education and Mentorship*
Emily Swedo, *Rising Star Award*

Inova Loudoun Hospital

Nicole Price, *Advancing and Leading the Profession*
Bailey Bentz, *Clinical Nursing*
Marissa Caulker, *Education and Mentorship*
Jackie McDonald, *Patient and Staff Management*
Kelli Arrington, *Volunteerism and Service*
Justin Hawkins, *Rising Star Award*

Inova Mount Vernon Hospital

Michelle Caycedo, *Advancing and Leading the Profession*
Roger Kinneburg, *Clinical Nursing*
Sarah Poole, *Education and Mentorship*
Irene Leke, *Patient and Staff Management*
Maryrose Hull, *Volunteerism and Service*
Patricia Msuka, *Rising Star Award*

Inova System Office

Patricia Mook, *Advancing and Leading the Profession*
Virginia Kreienbrink, *Clinical Nursing*
Dana Lowry, *Education and Mentorship*
Cindy Hack, *Patient and Staff Management*
Jennifer Lunde, *Volunteerism and Service*
Ashley Vincent, *Rising Star Award*



Inova Fair Oaks Hospital Nursing Excellence Winners



Inova System Office Nursing Excellence Winners



Inova Mount Vernon Hospital Nursing Excellence Winners



Sustaining

The Future of Health

The Inova Nurse Residency Program expands the nursing orientation process for nurses who have just completed their nursing degree. Inova Staffing Solutions, Inova's internal staffing agency, oversees the residency program. Staffing Solutions nurses average 10 years of nursing experience in a variety of specialties and have strong clinical backgrounds, making them uniquely qualified to serve as preceptors for the new graduate nurses.

The following nurses were selected for and successfully completed the Nurse Residency Program in 2015:

- | | |
|------------------|------------------|
| Bianca Albertini | Emelina McKelvey |
| Brittany Bascope | Zaida Parra |
| Margaret Boateng | Katherine Putnam |
| Paula Conner | Sarah Robbins |
| Anna Grimberg | Shauna Smith |
| Alicia Hoerle | Jean Taylor |
| Mahdi Kashoofy | Jody Wilbanks |
| Regina Masters | Alexandra Willey |

BSN by 2020

To maintain excellence in healthcare delivery and in keeping with the national trend in nursing education, Inova joins with leading nursing organizations to recommend that the minimum educational credential for nursing practice be the baccalaureate (BSN) degree. In 2014, Inova implemented the requirement that all registered nurses who have not reached 20 years of experience must achieve their BSN by the close of 2019.

To support this requirement, Inova's tuition reimbursement benefit increased to the maximum \$5,250 for qualified employees. Two additional programs are in place to provide financial assistance to nurses who must achieve a BSN: the Inova Nursing Excellence Scholarship Program and the new Jump Start Award program.

Inova Nursing Excellence Scholarships

Scholarships were available for Inova nurses pursuing a BSN or doctorate-level nursing degree thanks to the Claude Moore Foundation, John and Nina Toups, Mr. and Mrs. David Karlgaard, Wes and Natalie Bush, and The Twig at Inova Alexandria Hospital.

BSN Scholars

- | | |
|-------------------|------------------|
| Rubina Ali-Ahmed | Mulumebet Harris |
| Juliana Asare | Kyoungho Kim |
| Setphanie Bassler | Joan Ostertag |
| Maribeth Crooks | Erin Rovelli |
| Marisol Escriba | Catherine Sharp |
| Stephanie Fitch | Joshua Sines |
| Laura Fox | Young Suh |
| Mekdalwit Haile | Sajjal Valeacruz |
| Stacey Haney | Rebecca Whitacre |

DNP Scholars

- Joan Manning



Scholarship recipients are honored at an annual reception where they are invited to share their stories.

The Jump Start Award Program

Because Inova's tuition benefit is paid as a reimbursement at the close of a semester, Inova created the Jump Start award program in 2014 to reduce the financial impact of starting school for those nurses required to achieve their BSN. Jump Start scholarships were awarded to highly-motivated nurses entering the first semester of a BSN program before July 2015.

136 nurses received 2015 Jump Start awards totaling more than \$400,000.

\$400,000
Total Jump Start awards in 2015

New Degree Completions

The following nurses completed academic nursing degrees in 2015:

Bachelor of Science in Nursing

Aaiza Abbas
Srijana Acharya
Andrea Adams
Bianca Albertini
Lindsey Amoriello
Lauren Archer
Elsa Asghedom
Jennifer Basinger
Jennifer Beck
Yenewud Belay
Samantha Belhumeur
Khadija Bendu
Alexandra Bichler
Brittany Bishop
Deanna Bova
Cynthia Brooks
Shilvone Bryson
Kelly Buckley
Lindsay Callahan
Elizabeth Capeless
Stephanei Casady
Brittany Caudle
Darla Ceppi
Avelina Cerezo
Chidinma Chukwuani
Blair Coen
Colleen Connolly

Crystal Corfman
Julie Costanzo
Tracy Cross
Dominique Dibacco
Diana Duarte
Christie Duckett
Courtney Elliott
Amelia Emerson
Katherine Fajardo
Rachel Fasiang
Amber Fuller
Emily Garth
Rosy Gautam
Daisy Georgestone
Erin Gillespie
Elizabeth Haggerty
Megan Hazel
Kelsea Hough
Gianna Jarrett
Fabiola Jean Bart
Stephanie Johnson
Andrian Jones
Marian Keiselbach
Tamara Kennedy
Catherine Kilroy
Jung Ran Kim
Seong Kim
Rachel Lambert
Anastasia Lanahan
Robert Laninger
Lucie Lavarn
Leteace Lee
Sarah Lewis
Jessica Liggon
Carolyn Lopez
Ashley Marinacci

Osila Medi
Christopher Miller
Amanda Nick
John Owusu
Parminder Pandher
Lauren Payne
Peace Peters
Ashley Richardson
Madeline Rilko
Vickie Robinette
Theodora Robinson
Shamil Roman
Lauren Rudy
Jeannine Ann Simmons
Susan Sleezer
Helen Stevens
Karen Stukey
Irenious Suglo
Molly Swain
Rachel Taylor
Michelle Tibbitts
Lauren Trapeni
Jane Uperti
Gabrielle Vanderpoel
Katherine Vandyke
Carina Velasquez
Jenelle Victory
Rachel Ward
Lisa White
Keisha White
Theresa Williams
Ramute Wilson
Sarah Wohld
Natalie Wright
Mikurab Yilma
Heather Young

Master of Science in Nursing

Christine Bloom
Clarence Byrd
Muskuda Deen
Francine Dehaan
Narges Ghodsimaab
Isatu Nabie
Ansanus Obizuo
Shelli Paul
Subi Siwakoti
Sarah Stanmyre

Doctorate of Nursing Practice

Maureen Fowler
Bethann Mendez
Helen Stacks

The Inova Edelman Center for Nursing

In 2015, the Edelman Center supported more than 830 nurses in their professional development endeavors. These nurses represented Inova at 30 different events across the country, returning to share the knowledge they gained with their coworkers to innovate practice on their units and drive change throughout Inova. Some nurses received awards to cover the cost of renewing their board certifications, a mark of distinction indicating expertise in a specialty practice area.

The Annual Edelman Nursing Celebration

The Annual Edelman Celebration was held in May following Nurses' Week 2015. Five hundred nurses attended this inspirational event offered as a gift for Inova nurses from Ric and Jean Edelman.

Based on feedback from the nurses, the Celebration offered two breakout sessions focusing entirely

on Healing Touch. Nurses could opt to attend the Healing Touch sessions or attend sessions focused on other professional development opportunities and experiences.

Shelley Cohen, MSN, RN, CEN started the program by encouraging the nurses to find something from each presentation they would be able to implement right away. Her message focused on changing the image of nursing to reflect the current role of nurses as professionals.

Faith Roberts, MSN, RN delivered an entertaining keynote presentation titled, "From Wedding Rings to Nose Rings...Generational Differences in the Workplace." Her observations made a lasting impact on the nurses who attended and they continue to request this presentation to share with their colleagues.

Francie Bernier, PhD, RN shared her research on her mother's experience as a nurse serving in the United States Army at the 156th Evacuation Hospital in Ie Shima during World War II. The nurses who served in WWII made incredible contributions to the nursing profession, including the development of procedures such as triage.

Patricia Seifert, MSN, RN, encouraged her fellow Inova nursing colleagues to develop a professional nursing practice and offered practical strategies for how to get involved in nursing organizations, publish articles and take an active role in defining the profession.



Faith Roberts delivers an insightful keynote address on generational differences in the workplace.

Lucrezia Mangione, MA, CHTP/I offered an introduction to Healing Touch session for Inova nurses who were interested in learning more about this holistic modality. Lucrezia was also part of the Healing Touch Panel discussion, joining Joel G Anderson, PhD, CHTP from the University of Virginia, Diane Swengros, MSN, RN, Theresa Davis, PhD, RN and Mary Ann Friesen, PhD, RN from Inova in sharing their experiences with Healing Touch.

New York Times Best Selling Author, Jon Acuff closed the event with a heavy dose of humor, encouraging nurses to look for "Do Over" opportunities – chances to take a new perspective or approach. By embracing change, nurses can reinvent their work and never feel stuck.



ADVANCE Promotions

The ADVANCE program promotes clinical leadership, accountability and autonomous nursing practice on the units. Program participation is elective and requires nurses to meet certain benchmarks annually. Nurses can progress on the ADVANCE scale by demonstrating superior clinical expertise; completing a combination of continuing education courses, advanced training or professional certification; participating in research; and exhibiting continued development in clinical practice. In 2015, more than 450 nurses were recognized as RN3 or RN4 on the ADVANCE clinical ladder.

Registered Nurse 3	Leslie Macquilliam	Amy Gillam
Rubina Ali Ahmed	Rebecca McCoy	Stephanie Keen
Jennifer Basinger	Tiffany Meakins	Deborah Ludeman
Jesse Bjerke	Trinh Nguyen	Kathryn Myers
Mary Bradenberg	Yvonne Peon	Anne O'Brien
Amy Braun	Madeline Rilko	Delores Rivera
Lindsay Caspari	Zinna Roberts	Jackie Rommell
Rachel Cathey	Jeannine Ann	Rebecca Serra
Ann Chopivsky	Simmons	Zhenxia Shuai
Daniel Emery	Surakshya Shrestha	Adriene Simms
Kimberly Dillion	Emma Staller	Deborah Smith
Alexandra Daniel	Kelly Vornadore	Emme Tate
Laura Domen	Katherine Waltz	Kristelle Toone
Laurie Douthwaite		Lauren Yoder
Susan Gleason	Registered Nurse 4	
Erin Gollehon	Stephanie Boese	
Lindsey Greenwell	Cindy Brooks	
Tarah Hagen	Cortney Brown	
Elizabeth Harding	Sum Chan	
Margaret Lynch	Joyce Connor	
Stacey Marsh	Shelly Coppock	
	Jennifer Faaborg	

> 450
RN3 or RN4 on ADVANCE
clinical ladder

Specialty Certifications

While all nurses must be licensed, board certified nurses have met a level of distinction and knowledge indicating professional nursing practice. Certification is the official recognition of achievement, expertise and clinical judgment.

Nurses who achieve and maintain certification have mastered skills in a particular specialty and demonstrate their ongoing dedication to learning and professional development as well as their respect for the discipline. Certification gives consumers a benchmark to measure the level of care they can expect to receive at Inova.

The following nurses achieved board certification in the noted specialty area(s) of practice:

Critical Care Registered Nurse

Kristen Bischoff
Frances Collins
Rosy Gautam
Stefanie Jennings
Courtney Leopold
Christina Lepore
Ryann Musser
Serki Tesafye
Inga Woods
Dee Wright

Certified Nurse Operating Room

John Stuntz

Certified Pediatric Emergency Nursing

Courtney Brown
Louellen Klein
Serena McReynolds
Craig Philhower
Joyce Pueblo
Gina Tocio

Nurse Practitioner

Laura Sykes
Carol Gavin

Oncology Nursing

Betsy Pickett
Helina Williams

Advanced Oncology Nursing

Eileen McCormack

Progressive Critical Care Nursing

Alison Griffith
Antionette Hart
Julianne Kim
Lucie Lavarn
Ha Le
Alyssa Lewis
Junmar Pasaylo
Todd Rockwell
Jamie Ulrich

Inpatient Obstetric Nursing

Noelle Kuchler
Sue Ohlstrom
Kristal Parker
Jaimie Robinson
Jennifer Stroud

Low-Risk Neonatal Nursing

Karla Cox
Michelle Lopez

Medical/Surgical Nursing

Deacons Aquino
Maria Cachafeiro-Cavadas
Stephen Chua
Patrick Cooke
Aisha Fielding
Mulumebet Harris

Katherine Heister
Mariam Jalloh
Allison Klein
Karen Lodronio
Dina Raguindin
Tatiana Semeniuk

Maternal Newborn Nursing

Aurora Newcomer

Neonatal Intensive Care

Aaiza Abbas
Michelle Alexander
Monica An
Jennifer Basinger
Lindsay Caspari
Jennifer Catton
Stephanie Conerly
Shannon Denham
Rachel Foard
Lindy Frodign
Theresa Hottinger
Sarah Jackson
Liddy Kelly
Hayley Rumbarger
Megan Scanlan
Debbie Smith
Catherine-Mary Steenstra
Anne Verna
Renee Wardzinski
Janet Woods

Emergency Nursing

Jesse Bjerke
Alexandria Daniel
Amy Dennis
Kaitlyn Derentz
Aubrey Dewey
Kimberly Dillon
Jennifer Downey
Dayna Dumont
Jennifer Faaborg
Megan Gabriel
Erin Gollehon
Tarah Hagen
Megan Harvey
Marian Keiselbach
Kimbrely Mason
Lisa Ncneil
Emily Neigh
Sarah Poole
Brooke Powell
Shannon Sabanosh
Julia Shin
Jennifer Slabik
Erica Tawney
Katherine Theissen
Susan Twyman
Samantha Wade
Katherine Waltz
Rachel Ward
Julie Weinstein
Laura Wenger
Michael Yoder

Nursing Administration

Deborah Fulbrook
Joan Manning
Maggie McCright
Laura Shanks

Gerontological Nursing

John Owusu
Lovely Pleayo

Brain Injury Specialist Certification

Kimberly Caban-Torres
Selam Hadege

Rehabilitation Nursing

Margaret Schubert

Non-Invasive Cardiology

Margaret Coleman

Stroke Nursing

Janet Otieno
Seunghyun Park

Float Pool

James Suga

Psychiatric and Mental Health Nursing

Liza Lobrin

Trauma Nursing

Kara Bauman
Hannah Davis

Trauma Nurse Specialists

Dayna Dumont
Sondra Fleming
Jessica Greenwalt
Megan Harvey (Quigley)
Kimbrely Mason
Federico Pedreira
Jennifer Slabik
Rachel Ward
Michael Yoder

Mandarin Medical Interpretation Certificate

Rui Guan

Perianesthesia Nursing

Joanna Sampson

Vascular Access Nursing

Eunhee Park

Epic Reporting Workbench and Radar

Lauren Boyce
Andrea Bustos
Jess Czelusniak
Season Majors
Shelley Owens

Epic Reporting Workbench

Carlos Borges
Leslie Kerns

Epic Decision Support

Madonna Dailo

Epic MyChart

Lorraine Stoudt

Epic Clinical Documentation, Phoenix and Inpatient Order Transmittal

Ashley Cranford Vale

Epic ICD-10

Kathy Roche

Epic Reporting Workbench, Radar and Clinical Research

Chris Czajkowski

Epic Case Management

Charlie Guy

Epic Radar

Melissa Bautista
Carolyn Lopez

Epic Orders

Michelle Brahaney

Epic Clinical Content Builder

Susan Weatherbee

Epic Reporting Workbench, Radar and ASAP

Eugenia "Jean" Shapiro Matthews

Epic Clinical Content Builder

Parul Patel

Epic Ambulatory and Stork

Deanna Springer

Certified Associate Health Information Management Systems

Susan Weatherbee

Certified Professional Health Information Management Systems

Monica Bartlett

Christine Czajkowski

Madonna Dailo

Matthew Tibbs

SCRUM Master

Nadine Gallo

Patti Purser





Presentations and Publications

Bust a Move: Progressive Mobility in the ICU
Amanda Golino, Catherine Williams, Kristen Bischoff
 Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Certification Test Prep; The Devil Is In The Details.
 Carol Rauen, Nicole Gendron-Trainer, Melanie Muller
 Published: Critical Care Nurse. 35(5) 68-72

Clinical Informatics: Create, Cultivate, Motivate and Demonstrate
Patricia Mook, Kimberly Krakowski
 Presented: Mississippi Healthcare Information Management Systems Society, Jackson, MS

Containing Catheter-Associated Urinary Tract Infections through Evidence-Based Practice
Kara Meglasson, Heribert Bacareza, Marcia Depolo, Maheder Hailer mariam, Leah Harley, Siu Ma, Kathryn Rebers, Elizabeth Senese, Jessica Schlener, Jessica Shea,
 Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Designing highly reliable adverse-event detecting system to predict subsequent claims
 Lorens Helmchen, Maureen Burke, Janusz Wojtusiak
 Published: Journal of Healthcare Risk Management. 34 (4), 7-17.

Development Of An Evidence-Based Algorithm For Management Of Perioperative Obstructive Sleep Apnea
 Joni Brady, Mireille Malkoun, Jennifer Camacho, Cheri Grubbs, Joanna Sampson, Karen Schaeffer, Rebecca Serra
 Presented: 3rd International Conference for PeriAnaesthesia Nurses, Copenhagen, Denmark

Driving Organizational Performance with Predictive Analytics
Kimberly Krakowski
 Presented: Institute for Healthcare Technology Transformation (IHT2) Health Summit, Washington, DC

Effectiveness of Video Discharge Instructions in the Pediatric Emergency Department: A Nurse-led Evidence-Based Practice Project
Elyssa B. Wood, Gina Harrison, Serena McReynolds, Lauren Nassr, Kristina Presgrave, Erin Rovelli, Sarah Stinson, Barbara J. McCabe, Eugenie Charles
 Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA
 Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

The Effects of Healing Touch on Pain, Nausea and Anxiety Following Bariatric Surgery: A Pilot Study
Liliana Suchicital, Maria Lang, Mary Ann Friesen, Joel G. Anderson, Lucrezia Mangione, Jennifer Fabian, Azra Kukic
 Presented: 11th Annual Spring into Nursing Research Conference, May 8, Reston, VA
 Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA
 Published: Explore. 11 (3), 208-216.

The Effects of Healing Touch on the Vital Signs of Critical Care Patients.
Theresa Davis, Mary Ann Friesen, Vicki Lindgren, Amanda Golino, Robin Jackson, R., Hicks, Jennifer Kyte, Diane Swengros, Anna Herbst, Maria Obeid, Lucrezia Mangione, Joel Anderson,
 Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA
 Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA
 GWAC 30th AACN Spotlight on Critical Care, November 21, Silver Spring, MD (Best Research Poster)

Effect Of Manual And Automatic Blood Pressure Monitoring Methods On Administration Of Cardiac Medication N Hospitalized Patients With Atrial Fibrillation
Jollybird Gusto, Marietta Salisbury, Karen Speroni, Debra Stanger, Mary Ann Friesen, Renee Milligan
 Presented: 11th Annual Spring into Nursing Research Conference, May 8, Reston, VA

Enhanced Recovery in a Minimally Invasive thoracic Surgery Program
Christy Schatz
 Published: AORN 102, 482-492.

creative

Presentations and Publications

Evaluation of an Education with Mentoring Program for a Multihospital System Implementation of a Nursing Evidence-Based Practice Model

Joni Brady, Renee Milligan, Carol Urban, **Mary Ann Friesen**
Presented: Spring Forum Nursing Leadership, George Mason University, May 5, Fairfax, VA (First Place for Poster Presentation)

11th Annual Spring into Nursing Research Conference, May 8, Reston, VA

An Evidence-Based Practice Team Approach to Health Failure Patient Education

Sharri Robinson, Alicia Young, Catherine Wied, Gussie Assam, Bhruga Shah, Christopher May, Lois Culler, Kerry Dhakal, Melinda Byrns, Heather Hunn, Leslie Kronz, Elyse Kouri

Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Southeastern Pennsylvania Organization of Nurse Leaders Fall Conference. Malvern, PA

Examination of the Use of Healing Touch by Registered Nurses in the Acute Care Setting

Joel Anderson, **Mary Ann Friesen, Diane Swengros, Anna Herbst, Lucrezia Mangione**
Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Healthcare IT and Data

Patricia Mook

Institute for Healthcare Technology Transformation (IHT2) Health Summit, Washington, DC

The Impact of the Hospital Elder Life Program on Patient, Operations and Staff Outcomes.

Marie Duffy, **Laura Shanks, Susan Heisey, Mary Ann Friesen, Kathy McNamara, Sara Phillippe, Michael Sheridan, Beverly Middle, Ae-Jin Choi**

Presented: 2015 HELP Conference, March 26-27, Pittsburgh, PA

NICHE Annual Conference, April 15, Orlando, FL

Spring Forum Nursing Leadership, George Mason University, May 5, Fairfax, VA

11th Annual Spring into Nursing Research Conference, May 8, Reston, VA

Inova Nursing Research Symposium, October 16, Falls Church, VA

Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA



Implementing an Evidence-Based Practice Approach to Improve Patient Pain Management in the Medical and Obstetrical Patient Population

Laura McNicholl, Jennifer McCaughey, Katie Hile, Tracy Shen, Mary Gibbons, Jessica Harasek, Amber Schroeder, Stephanie Davila, Julie Hudtloff, Carina Rosslee, Melissa Martin

Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Implementing an Evidence-Based Practice Approach to Improve Perception of Nurse-Patient Communication at the Bedside

Lyn Zehner, Rachel Watson, Kimberley George-Shields, Sandy Danquah, Carrie Friedman, Samantha Pitterson, Jacob Ninan

Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Implementing an Evidence-Based Practice Sleep Protocol to Improve Quality of Sleep in Post Operative Cardiac Surgery Patients

Katie Hummer, Peggy Canales, Jeremy Bartholomew, Kari Coleman, Jessica Cash, Brittany Sines, Maggie Hill, Matthew Van Tine, Jason Vourlekis, Shanti Chang, Christie Lang

Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Leading The Journey: Engaging Staff In Process Improvement Through Visual Management

Shirley Cahill, Rebecca Jackson

Published: American Nurse Today, April 2015 No. 4

Improving Patient Transitions from Acute Care Hospitals to Inova Mount Vernon Hospital Inpatient Rehabilitation Facility

Jennifer Kyte, Katherine Miller, Lauren Shapiro, Patricia Msuka, Maria Aurora Gutierrez, Kalpana Satyal, Laura Glaub, Samuel Osae, Sherry Gibbemeyer, Tera Jenkins, Zaid Kelib-Kidane

Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Informatics- Yesterday, Today and Tomorrow

Patricia Mook, Kimberly Krakowski

Presented: Healthcare Information Management Systems Society Webinar

Introduction to Simulation in the Perioperative Environments

Paula Graling

Presented: AORN of Northern Virginia, Chapter meeting, February, Falls Church, VA

Making Continuing Medical Education Convenient, Fast and Fun- Inova Fairfax Medical Center's Formula for Success

Paula Graling

Presented: Qstream® Webinar Series, March 2015

Moving on Up: Incorporating a Progressive Mobility Protocol from the ICU to the Medical/Surgical Unit

Robin Jackson, Rachel Smigelski-Theiss, Suzy Fehr, Rachel Cathey, Nazarina Phommachanh, Minna Kabteyimer, Mary Brandenburg, Sarah Nanna Laryea, Dianna Gregory, Srilekha Palle, Jacqueline Vance, Tamara Brown, Kathy Briery, Andrea Bustos, Karen Hicks, Roger Chinery

Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Optimizing Management of Sepsis in the Emergency Department

Freddica Brubaker, Jessica MacPhail, Mary Vanessa Johnson, Phyllis Hashemi, Martin Brown

Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Optimizing the use of 2%CHG cloth baths to reduce SSI

Paula Graling

Presented: AORN Executive Leadership Series at EXPO, March, Denver, CO

Pain Management Plan: .Hurt

Victoria Bamsey, Amanda Golino, Jacqueline Harmon, Cindy O'Hara, Sarah Oliver, Alison Smolsky

Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Perceptions of a Nursing Innovation Using Healing Touch in a Health Care System: A Pilot Study

Mary Ann Friesen, Joel Anderson, Diane Swengros, Anna Herbst, Lucrezia Mangione, Jennifer Fabian

Presented: 11th Annual Spring into Nursing Research Conference, May 8, Reston, VA.

A Pilot Study Exploring Patient Perceptions of Race and Ethnicity in a Community Hospital.

Nazaneen Nassiry, Monique Sandoval, Debra Stanger, Mary Ann Friesen

Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

A Program for Sustaining Improvements in Acute Stroke Treatment

Jalil Bentaleb, Lewis Eberly, Robin Jackson, Larisa Golding

Presented: International Stroke Conference, Nashville, TN

Refining utilization of the WHO checklist to improve safety and efficiency in surgery and optimize communication in the operating room.

Paula Graling, Amber Williams Trickey, Jeffery Wright, Holly Gallimore, Fran Vasaly, Moira Crosby, Johnathan Dort

Presented: Virginia Patient Safety Summit, January 29, Richmond VA



Presentations and Publications

The Relationship Between Nursing Informatics Competency and Evidence-Based Competency

Susanne Fehr

Presented: Nursing Management Congress, Orlando, FL

The Role of the Clinical Informaticists in Quality

Patricia Mook, Kimberly Krakowski

Presented: Symposium for Leaders in Healthcare Quality-American Hospital Association Webinar

RN/MD Standard Work- the Great Discharge

Carolyn Lopez, Patricia Mook

Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Spaced Education for Safety Excellence

Paula Graling

Presented: AORN EXPO and Congress, March, Denver, CO

Team Steps to Early Mobility and Clarity

Evelyn Irani, Emily Swedo, Jeanine Kolman, Charuta Moharir, Elissa Wolf, Vicki Lindgren, George Barkema, Lawrence Leppler

Presented: Inova Nursing Research Symposium, October 16, Falls Church, VA

Tools That Measure Caring Systematic Literature Review Of Caring

Jennifer Drake

Presented: Virginia Nurses Association Fall Conference, November 20-21, Richmond, VA

Tele-ICU Today: Connecting Care Through Innovation

Theresa Davis, Carol Olff

Published: Nursing 2015 Critical Care. 10 (5) 15-17

Tuned in: Informatics

Patricia Mook, Kimberly Krakowski

Presented: Epic Users Group Meeting, August 31-Sept. 3, Verona, WI

Using an Interprofessional Simulation Activity to Improve Knowledge Retention and Decrease Incidence of Catheter Associated Urinary Tract Infections (CAUTI)

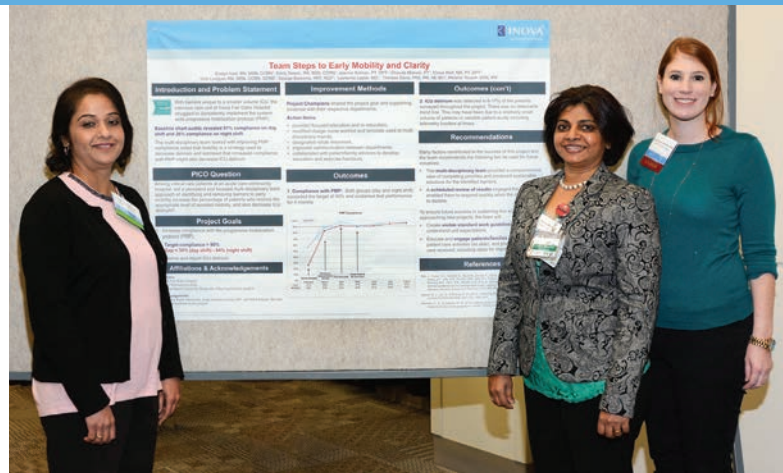
Paula Graling, Jeffery Wright, Heather Prentice, Emily Jones, Patricia Seifert, Karen Graham, and Jonathan Dort

Presented: Virginia Patient Safety Summit, January 29, Richmond VA

Using Simulation to Develop Safe Surgical Teams

Paula Graling

Presented: Virginia Association of Nurse Anesthetists, District 2 Spring Meeting, March, Ashburn, VA



Utilizing Simulation for Professional Education

Paula Graling

Presented: Washington Regional Transplant Consortium Annual Board Retreat, October, St. Michaels, MD

Winning the War on Sepsis through Interdisciplinary Collaboration

Courtney Elliott, Kristin Marge, Michelle Le, Sarah Stanmyre, Rett Embrey

Presented: Emergency Nurses Association, October 2, Orlando, FL

Awards and Recognition

U.S. News & World Report



All five of Inova's hospitals have been recognized with either regional or national achievement by U.S. News & World Report in at least one specialty or common core ranking. To be nationally ranked, a hospital must excel across a range of complex cases within a given specialty. According

to U.S. News, researchers analyze nearly 5,000 hospitals nationwide to determine the list of Best Hospitals.

Joint Commission Accreditation

The purpose of the Joint Commission on Accreditation of Healthcare Organization survey and accreditation process is to evaluate facilities' compliance with nationally established Joint Commission standards that relate to quality and safety of care. The Joint Commission is one of the nation's most respected accrediting agencies. Achieving The Joint Commission's demanding standards ensures that our performance and improvement is held to the highest standards nationwide.

By meeting The Joint Commission on Accreditation of Healthcare Organization's national standards for healthcare quality and safety, Inova hospitals have received multiple Gold Seals of Approval®.

Baby Friendly Designation

Inova Alexandria Hospital is proud to announce that it has received prestigious international recognition as a Baby-Friendly birth facility by Baby-Friendly USA, Inc. Inova Alexandria is the first Inova hospital to receive this designation and one of only six in Virginia.

Baby-Friendly, USA is the U.S. authority for the implementation of the Baby-Friendly Hospital Initiative (BFHI) — a global program of the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF). The initiative encourages and recognizes hospitals that provide the optimal level of care for mothers and their breastfeeding newborns. Based on the Ten Steps to Successful Breastfeeding, this prestigious award recognizes facilities that offer the mothers information, confidence and skills needed to successfully initiate and continue breastfeeding their babies.

2015-2018 Lantern Award



The Inova Loudoun Hospital Emergency Department received a 2015-2018 Lantern Award from the Emergency Nurses Association (ENA). The Lantern Award is a recognition award given to emergency

departments that exemplify exceptional practice and innovative performance in the core areas of leadership, practice, education, advocacy and research. The award is a visible symbol of an emergency department's commitment to quality, presence of a healthy work environment and accomplishment in incorporating evidence-based practice and innovation into emergency care.

Beacon Award Holders



The Beacon Award for Excellence lauds North American hospital units that employ evidence-based practices to improve patient and family outcomes. Recipients of a Gold Beacon Award demonstrate excellence in

sustained unit performance and patient outcomes. Silver-level recipients demonstrate continuous learning and effective systems to achieve optimal patient care.

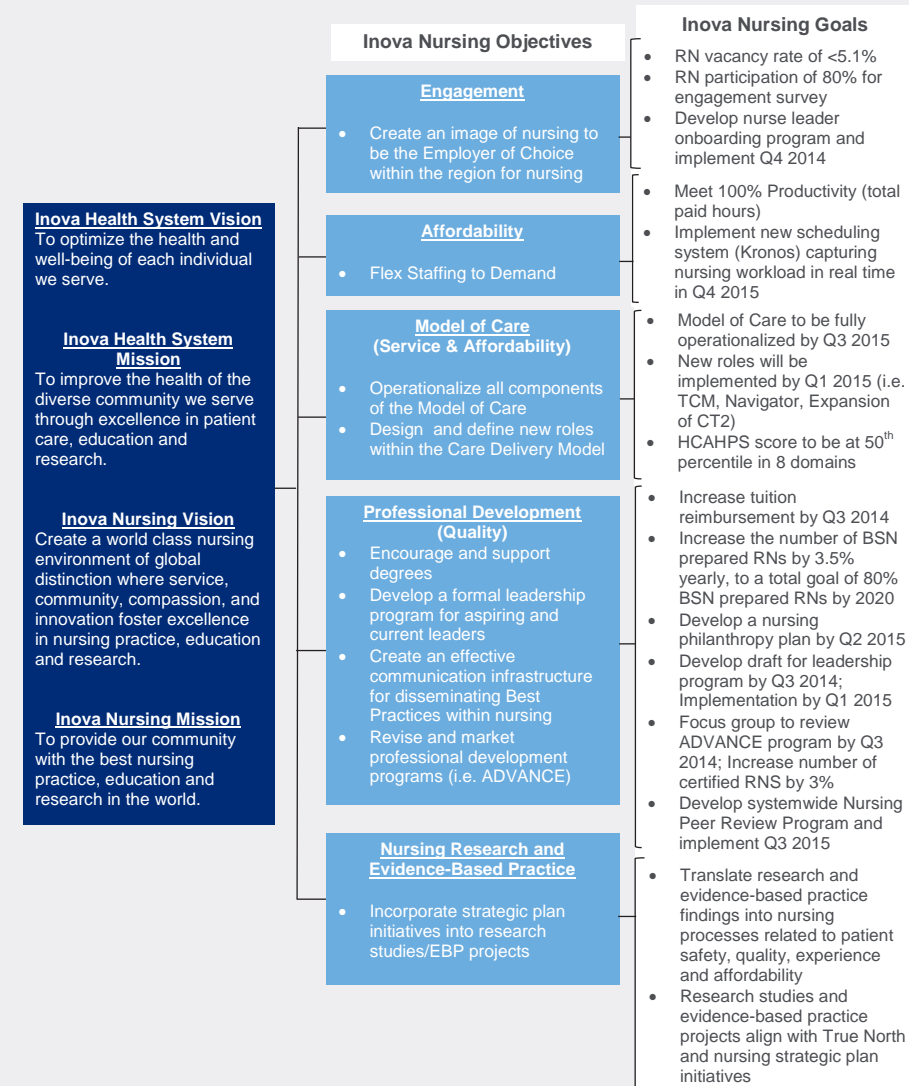
Two Inova hospitals currently hold Beacon Awards:

Gold: Envision eICU at Inova Fairfax Hospital

Silver: Intensive Care Unit and Progressive Care Unit at Inova Loudoun Hospital

achievement

Inova Nursing Strategic Plan 2014-2016



Nursing Strategic Plan

Our strategic plan illustrates a vision for nursing and lists the goals Inova nurses would like to accomplish in the coming years. Nurse leaders from across Inova participated in a one day retreat to create the strategic plan for 2014-2016. These leaders were able to share feedback and ideas for improving patient care by strengthening nursing practice in several key areas.

The 2015 Chief Nurse Council



Maureen Swick, PhD, MSN, RN, NEA-BC
Senior Vice President, Chief Nurse Executive
Inova



Lisa Dugan, PhD, RN, NEA-BC
Chief Nursing Officer
Inova Loudoun Hospital



Cheri Goll, MSN, RN, NE-BC
Chief Nursing Officer
Inova Fair Oaks Hospital



Fadia Feghali, MS, RN, NE-BC
Chief Nursing Officer
Inova Alexandria Hospital



Patricia Mook, MSN, RN, NEA-BC, CAHIMS
Chief Nursing Information Officer
Inova



Ann Marie Madden, RN, MS, CCRN, NEA-BC
Chief Nursing Officer
Inova Fairfax Medical Campus

leadership

2015 Nursing Annual Report

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